

Pack “ Nordic adventure stay “

This is an exclusive activity of the tourist office, and must be combined with the booking of accommodation with the OT: the rates have been negotiated for you. Enjoy it!

Weekly offer valid from 2 January to 5 February and from 5 March to 1 April 2022

279 € per person for activities. The rest of the price depends on the accommodation you choose.

Program of the week:

- Monday afternoon: Classic cross-country skiing with ESF, all levels. Beginner or Improvement. Material provided and badge included.
- Tuesday afternoon: Nordic walk with the ESF. Material provided. An accessible and friendly sport-health for nature lovers
- Wednesday afternoon: Snowshoeing with the ESF. Material provided
- Thursday afternoon: initiation to ski joering with the El Colorado ranch. Material provided
- Thursday evening: snowshoe outing at night. With the ESF. Gourmet surprise! Material provided
- Friday afternoon: cross-country skiing in skating and biathlon: discover the practice of our champions safely with the ESF! material provided *Predictable programme subject to change depending on weather, snow conditions and the number of registrations.

Equipment:

You need to be properly equipped to play in the winter mountains: warm clothes, good shoes, gloves, hat, small bag with water bottle. . .

Equipment provided: ski-sticks-shoes for cross-country skiing, snowshoes-sticks for snowshoes (headlamp for night), poles for Nordic walking, ski-sticks-shoes + rifle for biathlon.

Insurance:

For all these activities, we recommend that you take out appropriate insurance. The carré neige » insurance for the day is proposed.